

Metrolink operates regional rail service on six routes in the greater Los Angeles area. Five of these routes radiate from Los Angeles Union Station, while the sixth connects San Bernardino and Riverside with Orange County.

Ventura County Line:

Weekday-only trains operate in each direction on the Ventura County line. Most trains operate during peak hours, with a limited amount of off-peak service. Most service operates between Moorpark or Chatsworth and Los Angeles, although some trains also serve Oxnard and Camarillo. Trains stop at all Amtrak stations along the line, as well as other Metrolink-only stops.

Antelope Valley Line:

Most weekday trains operate during peak hours, with limited off-peak service on the Antelope Valley line. Trains operate to/from Santa Clarita or Princessa, with some extended to Lancaster. Saturday service consists of four round trips to Lancaster. Trains stop at the Glendale Amtrak station. Amtrak Thruway buses to the San Joaquin Valley stop at the Metrolink stations in Lancaster and Santa Clarita/Newhall.

Additional service between Burbank Airport and Los Angeles:

To augment the weekday round trips provided between Burbank and Los Angeles by the two above routes, additional trips operate between Burbank Airport or Burbank and Los Angeles.

San Bernardino Line:

Weekday trains operate on the San Bernardino line between San Bernardino and Los Angeles--providing all-day service including more frequent service during peak periods. Saturday and Sunday service consists of several round-trips evenly spaced throughout the day operating between San Bernardino and Los Angeles (most of these trips also serve Riverside). The San Bernardino terminal is also served by Amtrak's *Southwest Chief* and Amtrak Thruway bus service to the San Joaquin Valley. Amtrak Thruway buses also stop at the Claremont station.

Riverside & 91 Lines:

Most weekday trains operate during peak hours, with a limited amount of off-peak service on the Riverside and 91 lines. The Riverside line operates via East Ontario, while the 91 line operates via Fullerton. The Riverside Metrolink station is also served by *The Southwest Chief* and Amtrak Thruway buses to the San Joaquin Valley.

Orange County Line:

Weekday-only trains on the Orange County Line operate mostly during peak hours. Some operate to or from Oceanside, while the others operate to or from Irvine or San Juan Capistrano. Trains serve all Amtrak stops along the line, as well as other Metrolink-only stops.

Inland Empire-Orange County Line:

Weekday-only trains operate on Metrolink's line between San Bernardino or Riverside and Irvine or San Juan Capistrano. Most operate during peak hours with limited off-peak service.

Under the Rail 2 Rail Program

Metrolink monthly pass holders may ride any Amtrak train or bus within the limits of the pass, but other Metrolink tickets are not valid on Amtrak trains or buses. Amtrak ticket holders may ride any Metrolink train within the limits of their ticket. Between Burbank Airport, Glendale, and Los Angeles, any Amtrak or Metrolink ticket may be used on any train.

Metrolink Information:

(800) 371-LINK (Within Service Area)

(213) 347-2800 (Outside Service Area)

Coaster Regional Rail Service

Coaster operates regional rail service between Oceanside and San Diego. Weekday trains operate throughout the day (with more frequent service at peak periods) serving eight stations, including the Amtrak depots in Oceanside, Solana Beach and San Diego. There are four round trips on Saturday. Coaster does not operate on Sundays or Holidays.

The Rail 2 Rail Program

now applies to Coaster. Amtrak and Coaster monthly ticket holders may ride any Amtrak or Coaster train between San Diego and Oceanside. Single ride Amtrak tickets are not valid on Coaster trains, nor are single ride Coaster tickets valid on Amtrak trains or buses. Coaster passengers must purchase their tickets from ticket vending machines on station platform **before** boarding the train.

Coaster Information:

(800) COASTER (Within Service Area)

(760) 722-6283 (Outside Service Area)

Local Transit Connections

Camarillo Area Transit

(Camarillo): (800) 438-1112.

City of Lompoc Transit

(Lompoc): (805) 736-4722.

Commerce Municipal Bus

(Commerce): (213) 887-4419.

DASH

(Downtown Los Angeles): 808-2273 or (213) 808-2273.

Foothill Transit

(San Gabriel/Pomona Valleys): (800) RIDE-INFO.

Glendale Beeline

(Glendale): (818) 548-3961.

Golden Empire Transit District

(Bakersfield): (661) 327-7686.

Laguna Beach Transit

(Laguna Beach): (949) 497-0746.

Long Beach Transit

(Long Beach): (562) 591-2301.

Los Angeles County Metropolitan Transportation Authority

(LA Area): (800) COMMUTE or (213) 266-6883.

Moorpark City Bus

(Moorpark): (800) 438-1112.

North County Transit

(Solana Beach and Oceanside): (760) 722-6283.

Omnitrans

(San Bernardino): (909) 383-5283.

Orange County Transportation Authority

(San Clemente, San Juan Capistrano, Irvine, Santa Ana, Anaheim, Fullerton, Costa Mesa, Laguna Beach): (714) 636-7433.

San Diego Transit

(San Diego Area): (619) 233-3004.

Santa Barbara Metro Transit:

(805) 683-3702.

Santa Clarita Transit

(Santa Clarita): (661) 294-1287.

Simi Valley Transit

(Simi Valley): (805) 584-6287.

SLO Transit

(San Luis Obispo): (805) 541-2877.

South Coast Area Transit

(Oxnard and Ventura): (805) 487-2706 or (805) 643-3158.

Torrance Transit

(Long Beach): (310) 320-9448.

Los Angeles Metro Rail

The Los Angeles County Metropolitan Transportation Authority operates four rail transit lines in the Los Angeles area. Each of these lines is described below. The Red & Gold Lines terminate at Los Angeles Union Station, providing connections with Amtrak trains and buses.

Metro Red Line:

The Red Line subway operates from Union Station through Downtown Los Angeles to Wilshire & Western, and also to the San Fernando Valley via Hollywood. Trains operate from 5:00am to 11:45pm, seven days a week. Headways vary from 5 to 10 minutes.

Metro Blue Line:

Blue Line light rail trains operate from 7th St./Metro Center/Julian Dixon (on the Red Line) to Downtown Long Beach. Trains operate from 5:00am to 11:20pm (southbound) or 10:25pm (northbound), seven days a week. Headways vary from 6 to 20 minutes.

Metro Green Line:

Green Line light rail trains operate from Marine Ave. & Redondo Beach Ave. in the Redondo Beach-El Segundo area to I-105/I-605 in Norwalk. The Green Line connects with the Blue Line at the Imperial/Wilmington/Rosa Parks stop. Shuttle service is available from the Aviation Blvd. stop to Los Angeles International Airport. Trains operate from 4:30am to 12:30am, seven days a week. Headways vary from 6 to 20 minutes.

Metro Gold Line:

Gold Line light rail trains operate from Union Station through Highland Park, South Pasadena, Downtown Pasadena to Sierra Madre Villa Station in East Pasadena. Trains run from approximately 4:30am to 1:00am daily. Midday headways are 10-12 minutes, while in the evening trains run on 20 minute headways.

LA Metro System Information:

(800) COMMUTE (LA Area) or (213) 626-4455 (Outside Area)

www.mta.net

San Diego Trolley

The San Diego Trolley operates light rail service on two lines serving the San Diego Amtrak Station. The Blue Line connects San Diego Mission and Qualcomm Stadium with San Ysidro (at the Mexico Border) via Mission Valley, Old Town, the Amtrak Station, Downtown San Diego, Barrio Logan, National City, and Chula Vista. The Orange Line connects the Bayside area with America Plaza (across the street from the Amtrak Station), Downtown, Lemon Grove, La Mesa, El Cajon, and Santee. Most service operates 5:00am to midnight, seven days a week, although service to Santee ends earlier in the evening.

San Diego Trolley Information:

(619) 231-8549 (Recorded Information)

(619) 233-3004 (Regional Transit Information)

Stations

Anaheim (ANA)

--Anaheim Stadium Pkg Lot, 2150 E. Katella 92806

Atascadero (ATA)

--City Hall Bus Stop, East Mall at Palma 93422

Bakersfield (BFD)

--601 Truxtun Ave. 93301

Buellton (BUL)

--Pea Soup Andersens, 376 Ave. of the Flags 93427

Burbank-Bob Hope Airport (BUR)

--3750 Empire Ave. 91505

Camarillo (CML)

--30 Lewis Rd. 93010

Carpinteria (CPN)

--475 Linden Ave. 93013

Chatsworth (CWT)

--10040 Old Depot Plaza Rd. (at Devonshire) 91311

Fullerton (FUL)

--120 E. Santa Fe Ave. 92832

Glendale (GDL)

--400 W. Cerritos Ave. at Railroad Ave. 91204

Goleta (GTA)

--North end of La Patera Lane 93117

Grover Beach (GVB)

--150 Highway 1 at Grand Ave. 93433

Guadalupe (GUA)

--330 Guadalupe St. (Highway 1) 93434

Irvine (IRV)

--15215 Barranca St. 92618

King City (KGC)

--Carl's Jr. Restaurant, 570 Canal St. 93930

Lompoc (LOM)

--Visitors' Center, 111 South I St. 93436

Long Beach (LBC)

--Denny's, 601 N. Long Beach Blvd. 90802

Long Beach (LBQ)

--Queen Mary, 1126 Queens Highway 90802

Los Angeles (LAX)

--Union Station, 800 N. Alameda St. 90012

Moorpark (MPK)

--300 High St. at Moorpark Ave. 93021

Oakland (OKJ)

--Jack London Square, 245 2nd St. 94607

Oceanside (OSD)

--235 S. Tremont Ave. 92054

Old Town (OLT)

--4005 Taylor St. (at Congress St.), San Diego 92110

Oxnard (OXN)

--201 E. 4th St. 93030

Paso Robles (PRB)

--Pine at 8th St. 93446

Salinas (SNS)

--Foot of Station Place 93901

San Clemente Pier (SNP)

--Municipal Pier 92676

San Diego (SAN)

--Santa Fe Depot, 1050 Kettner Blvd. 92101

San Francisco (SFC)

--Amtrak, Ferry Building Complex, south end (The Agricultural Bldg.) 101 The Embarcadero, Suite 118 94111

San Jose (SJC)

--Amtrak/Caltrain Station, 65 Cahill St. 95110

San Juan Capistrano (SNC)

--26701 Verdugo St. 92675

San Luis Obispo (SLO)

--1011 Railroad Ave. at Santa Rosa St. 93401

San Luis Obispo (SLP)

--Cal Poly Campus (In front of Vista Grande Restaurant on Grand Ave.) 93407

San Pedro (SPD)

--Catalina Terminal, Berth 95 (under Vincent Thomas Bridge) 90731

Santa Ana (SNA)

--1000 Santa Ana Blvd. 92701

Santa Barbara (SBA)

--209 State St. 93101

Santa Clarita (NHL)

--Newhall Metrolink Sta., 24300 Railroad Ave. 91321

Santa Maria (SAT)

--Int'l House of Pancakes, US 101 at Main St. 93454

Simi Valley (SIM)

--5000 Los Angeles Ave. near Stearns 93063

Solana Beach (SOL)

--105 Cedros Ave. at Lomas Santa Fe 92075

Solvang (SLV)

--Solvang Park, 1630 Mission Drive and 1st St. 93463

Surf/Lompoc (LPS)

--End of Ocean Ave. (Surf Beach) 93436

Van Nuys (VNC)

--7724 Van Nuys Blvd. 91405

Ventura (VEC)

--Harbor & Figueroa (County Fairgrounds) 93003

KEY:

Ⓐ - Bus and Train

Ⓑ - Bus only

Ⓒ - Train only

Ⓝ - No Long Term Parking

Ⓢ - Staffed Amtrak Station, Ticket sales.

Ⓣ - Travel agency which sells Amtrak tickets at stop location, may not be open for all departures.

Visit the Amtrak California Home Page on the World Wide Web

www.amtrakcalifornia.com

Amtrak California Folder No. AC-1-1104

Effective November 17, 2004 400K

Address your comments to:

Caltrans Division of Rail, MS-74, PO Box 942874, Sacramento, CA 94274-0001

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Amtrak California

Timetable

Effective November 17, 2004

San Luis Obispo - Santa Barbara - Oxnard - San Fernando Valley - Los Angeles - Orange County - San Diego

LOS ANGELES TO SAN LUIS OBISPO

www.amtrak.com

RAIL 2 RAIL

The going just got easier.

New Second Round-Trip Train!

San Luis Obispo Amtrak Station

photo by A. Upshaw

SOUTHBOUND SCHEDULE See Pages 4-5 for Northbound Schedule

ALL PACIFIC SURFLINER TRAINS AND CONNECTING BUSES REQUIRE ADVANCE RESERVATIONS FROM TUESDAY, NOV. 23 THROUGH MONDAY, NOV. 29, 2004.

BAKERSFIELD-Amtrak
Santa Clarita-Newhall Metrolink
LOS ANGELES-Union Station

Reference Marks

Passengers boarding at unstaffed stops or stations are advised to purchase tickets in advance from a travel agent or Amtrak. Passengers without tickets, boarding trains at unstaffed stations, or boarding trains at staffed stations that are closed at time of departure, must have a valid Government-issued photo ID, but may purchase tickets from the train conductor without penalty. Passengers without tickets, boarding buses at unstaffed stops, or boarding buses at staffed stops that are closed at time of departure, must have a valid Government issued photo ID. At the next open Amtrak ticket office, usually the transfer point, the passenger will purchase a ticket from the boarding point to the destination.

Reservations required on Amtrak Thruway buses.

If you do not have access to the Internet, you can FAX your request for a complete package by mail. FAX you name, school or group name, and your school or group address with city and ZIP to Dennis Winger at (916) 653-4565. Be sure to ask for the *Pacific Surfliner* offer.

Hertz car rental services are available at Bakersfield, Van Nuys, Burbank Airport, Los Angeles, Fullerton, Anaheim, Oceanside, and San Diego. Save with special Amtrak rates. Call 1-800-USA-RAIL and order your car when you purchase your ticket.

Table 1b - Pacific Surfliner Route - San Diego - Orange County - Los Angeles - San Fernando Valley - Oxnard - Santa Barbara - San Luis Obispo

NORTHBOUND SCHEDULE

See Pages 2-3 for Southbound Schedule
Schedule Effective November 17, 2004

SAN DIEGO Old Town SOLANA BEACH OCEANSIDE San Clemente Pier SAN JUAN CAPISTRANO IRVINE SANTA ANA ANAHEIM FULLERTON LOS ANGELES	Lv Ar		Train 763 Daily ↓ 6:15a -- 6:48a 7:03a 7:31a 7:47a 7:58a 8:07a 8:16a 8:50a	Train 565 Daily ↓ 7:05a -- 7:38a 7:55a 8:30a 8:44a 8:55a 9:04a 9:13a 9:50a	Train 567 XSSH ↓ 8:10a -- 8:43a 8:58a 9:31a 9:45a 9:56a 10:05a 10:14a 10:50a	Train 769 Daily ↓ 9:30a -- 10:03a 10:18a 10:49a 11:05a 11:17a 11:26a 11:36a 12:15p	Train 571 SSH ↓ 10:35a -- 11:08a 11:24a 11:55a 12:09p 12:29p 12:38p 1:15p	Train 573 XSSH ↓ 10:50a -- 11:23a 11:39a 12:10p 12:26p 12:38p 12:47p 1:35p	Train 775 Daily ↓ 12:00n -- 12:33p 12:49p 1:23p 1:37p 1:50p 1:59p 2:08p 2:40p	Train 577 SSH ↓ 12:55p -- 1:28p 1:43p 2:14p 2:28p 2:39p 2:48p 2:57p 3:35p	Train 579 XSSH ↓ 1:25p -- 1:58p 2:13p 2:47p 3:03p 3:14p 3:23p 3:34p 4:05p	Train 583 Daily ↓ 3:00p -- 3:33p 3:52p 4:23p 4:37p 4:48p 4:57p 5:08p 5:45p	Train 785 Daily ↓ 4:00p 4:07p 4:33p 4:50p 5:21p 5:38p 5:49p 5:58p 6:09p 6:45p	Train 587 SSH ↓ 5:20p 5:28p 5:53p 6:08p 6:39p 6:53p 7:09p 7:18p 7:27p 8:05p	Train 589 XSSH ↓ 5:50p -- 6:23p 6:38p 7:25p 7:39p 7:55p 8:04p 8:13p 8:50p	Train 591 SSH ↓ 6:20p 6:28p 6:53p 7:08p 7:39p 7:53p 8:09p 8:18p 8:27p 9:05p	Train 595 Daily ↓ 8:20p -- 8:53p 9:08p 9:42p 9:56p 10:09p 10:18p 11:05p	Train 597 FSSH ↓ 9:15p -- 9:48p 10:03p 10:39p 10:53p 11:06p 11:15p 11:24p 11:59p	Train 799 Daily ↓ 7:30a 7:41a 7:52a 8:01a 8:16a 8:45a 8:57a 9:08a 9:20a 9:34a 9:54a 10:13a 10:22a	Train 14 Daily ↓ 10:15a 10:33a -- 11:23a -- 11:55a 12:48p -- 3:30p 4:45p	Train 799 Daily ↓ 7:30a 7:41a 7:52a 8:01a 8:16a 8:45a 8:57a 9:08a 9:20a 9:34a 9:54a 10:13a 10:22a	Train 14 Daily ↓ 10:15a 10:33a -- 11:23a -- 11:55a 12:48p -- 3:30p 4:45p
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Special Rates for Frequent Riders

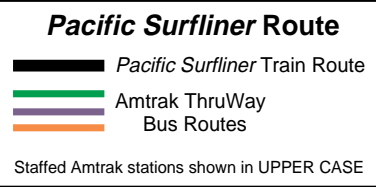
Take advantage of these special discounts for frequent riders on the Pacific Surfliners:

45-day ten-ride ticket: Special fare for 10 one-way trips. Valid for 45 days, including date of sale. May be used by multiple riders traveling together.

Unlimited Monthly ticket: Valid during the calendar month for which issued for unlimited rides between stations named on the ticket (or intermediate stations between those two locations). May only be used by the passenger whose name appears on the ticket.

These multi-ride tickets for frequent riders may be purchased at any staffed Amtrak station, or by calling 1-800-USA-RAIL.

NOTE:
ALL PACIFIC SURFLINER TRAINS AND CONNECTING BUSES REQUIRE ADVANCE RESERVATIONS FROM TUESDAY, NOV. 23, 2004 THROUGH MONDAY, NOV. 29, 2004.



- Trains which operate daily are indicated by no shading, black outline.
- Trains which operate weekdays only are indicated by blue shading and blue outline.
- Trains which operate on Weekends and Holidays only (including Fridays) are shown with gray shading and red outline.
- Bus connections are color-keyed to the bus route (see map on page 5).

Trains that operate Daily have a black heading. Trains that operate weekdays only have a blue heading. Trains that operate weekends only (including Fridays) have a red heading. XSSH - Operates Daily, except Saturdays, Sundays, and Holidays. XFSSH - Operates Daily, except Fridays, Saturdays, Sundays, and Holidays. SSH - Operates Saturdays, Sundays, and Holidays only. FSSH - Operates Fridays, Saturdays, Sundays, and Holidays only. Holidays: Nov. 25 & Dec. 25, 2004, Jan. 1, 2005. a.m. times are shown in light face type. p.m. times are shown in bold face type. Major stops and stations are shown in red for easy reference.

Reference Marks:
Lv - Leave, Ar - Arrive. When separate arrive and leave times are not shown stop is just long enough to allow loading and unloading of passengers.
A - During winter season, Trains stop at San Clemente Pier Saturdays, Sundays and Holidays only.
B - The Coast Starlight stops at Glendale and Simi Valley to receive passengers only.
C - Stops to receive passengers at Old Town on Saturdays, Sundays, and Holidays only.
D - Stops to discharge passengers only, arrival time approximate.
P - Stops to receive and discharge passengers. Passengers boarding bus at this stop must purchase tickets in advance--ticket office is closed at departure time. Passengers without reservations will be handled on a space available basis only.
R - Reservations required on the Coast Starlight. Discount fares may not be valid on this train. Reservations also required on connecting buses indicated with this symbol.

BICYCLES - Some Pacific Surfliner coach cars have bicycle racks on the lower level. Passengers are responsible for securing their bikes, and spaces are available on a first-come, first-served basis. On Thruway buses, passengers may stow their unboxed bicycles in the underfloor storage area, however Amtrak assumes no responsibility, and passengers must load and unload their own bikes. Boxed bicycles may also be sent as checked baggage to and from staffed stations.

Pacific Business Class

Pacific Surfliner trains offer reserved, guaranteed seating in the comfortable Business Class car with outlets at every seat for laptop computers. More legroom, complimentary snacks, beverages, and newspapers make Business Class the relaxed way to travel.

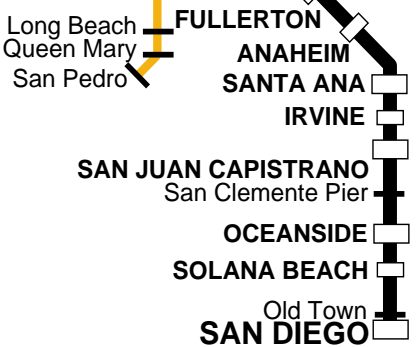


Table 1c - Pacific Surfliner Route - Coast Daylight Bus connections to and from San Francisco/Oakland

Schedule Effective November 17, 2004

SOUTHBOUND SCHEDULE			NORTHBOUND SCHEDULE		
OAKLAND	Lv	6:55a	SAN DIEGO	Lv	9:30a
SAN FRANCISCO		7:50a	SOLANA BEACH		10:03a
SAN JOSE		9:05a	OCEANSIDE		10:18a
SALINAS		10:20a	SAN JUAN CAP.		10:49a
King City-Carl's Jr.		11:10a	IRVINE		11:05a
Paso Robles		12:10p	SANTA ANA		11:17a
San Luis Ob.-CalPoly		12:45p	ANAHEIM		11:26a
SAN LUIS OBISPO	Ar	1:05p	FULLERTON		11:36a
			LOS ANGELES	Ar	12:15p
SAN LUIS OBISPO	Lv	1:20p	LOS ANGELES	Lv	7:30a
Grover Beach		1:40p	Glendale		7:41a
Santa Maria-IHOP		1:56p	Burbank-Airport		7:52a
Guadalupe		2:39p	VAN NUYS		8:01a
Surf/Lompoc		3:47p	Chatsworth		8:16a
Solvang-Solvang Pk		4:05p	Simi Valley		8:45a
Goleta			Moorpark		8:57a
SANTA BARBARA	Ar		Camarillo		9:08a
			OXNARD		9:20a
			Ventura		9:34a
			Carpinteria		9:54a
SANTA BARBARA	Lv	4:05p	SANTA BARBARA	Ar	10:11a
Carpinteria		4:21p			
Ventura		4:42p			
OXNARD		4:56p			
Camarillo		5:07p			
Moorpark		5:20p			
Simi Valley		5:43p			
Chatsworth		6:09p			
VAN NUYS		6:22p			
Burbank-Airport		6:31p			
Glendale		6:43p			
LOS ANGELES	Ar	7:10p			
LOS ANGELES	Lv	7:35p	SAN LUIS OBISPO	Lv	12:50p
FULLERTON		8:07p	San Luis Ob.-CalPoly		1:00p
ANAHEIM		8:16p	Paso Robles		1:25p
SANTA ANA		8:25p	King City-Carl's Jr.		1:50p
IRVINE		8:36p	SALINAS		2:25p
SAN JUAN CAP.		8:50p	SAN JOSE		3:15p
OCEANSIDE		9:23p	SAN FRANCISCO		4:30p
SOLANA BEACH		9:41p	OAKLAND		6:10p
SAN DIEGO	Ar	10:20p			

NOTE:

ALL PACIFIC SURFLINER TRAINS AND CONNECTING BUSES
REQUIRE ADVANCE RESERVATIONS
FROM TUESDAY, NOV. 23, 2004 THROUGH MONDAY, NOV. 29, 2004.

Reference Marks:

- Ⓢ - Stops at Old Town on Saturdays, Sundays, and Holidays only.
- Ⓢ - Stops to discharge passengers only, arrival time approximate.
- Ⓢ - On Saturdays, Sundays and Holidays, connection is via Train 592, running approximately 1 hour later.
- Ⓢ - Travel using this connection must be part of a round trip that includes train travel in the other direction.
- Ⓢ - Rest Stop.
- Ⓢ - Reservations required on the *Coast Starlight*. Discount fares may not be valid on this train. Reservations also required on connecting buses indicated with this symbol.

Table 1d - Pacific Surfliner Route - Connections to and from Long Beach and San Pedro

SCHEDULE TO LONG BEACH

Schedule Effective Nov. 17, 2004

See Table 1b for complete
Pacific Surfliner
schedule

SAN DIEGO	Lv	6:15a	Train 763 Daily	6:15a
Old Town		--	Train 571 SSH	10:35a
SOLANA BEACH		6:48a	Train 573 XSSH	10:50a
OCEANSIDE		7:03a	Train 577 SSH	12:55p
SAN JUAN CAPISTRANO		7:31a	Train 579 XSSH	1:25p
IRVINE		7:47a	Train 785 Daily	4:00p
SANTA ANA		7:58a	Train 589 XSSH	5:50p
ANAHEIM		8:07a	Train 591 SSH	6:20p
FULLERTON		8:16a	Train 595 Daily	8:20p
LOS ANGELES	Ar	8:50a	Train 597 FSSH	9:15p
LOS ANGELES-Union Sta.	Lv	9:40a	Train 763 Daily	6:15a
Long Beach-Denny's		10:35a	Train 571 SSH	10:35a
Long Beach-Queen Mary		10:50a	Train 573 XSSH	10:50a
San Pedro-Catalina Term.	Ar	11:05a	Train 577 SSH	12:55p
			Train 579 XSSH	1:25p
			Train 785 Daily	4:00p
			Train 589 XSSH	5:50p
			Train 591 SSH	6:20p
			Train 595 Daily	8:20p
			Train 597 FSSH	9:15p

SCHEDULE FROM LONG BEACH

Schedule Effective Nov. 17, 2004

San Pedro-Catalina Term.	Lv	12:05a	Train 566 Daily	2:50a
Long Beach-Queen Mary		12:30a	Train 768 Daily	9:40a
Long Beach-Denny's		1:15a	Train 572 Daily	11:10a
LOS ANGELES-Union Sta.	Ar	1:15a	Train 578 Daily	2:00p
			Train 580 SSH	3:00p
			Train 582 Daily	4:10p
			Train 588 SSH	6:35p
			Train 590 XSSH	7:35p
LOS ANGELES	Lv	2:50a	Train 566 Daily	2:50a
FULLERTON		3:25a	Train 768 Daily	9:40a
ANAHEIM		3:40a	Train 572 Daily	11:10a
SANTA ANA		3:50a	Train 578 Daily	2:00p
IRVINE		4:15a	Train 580 SSH	3:00p
SAN JUAN CAPISTRANO		4:40a	Train 582 Daily	4:10p
OCEANSIDE		5:10a	Train 588 SSH	6:35p
SOLANA BEACH		5:35a	Train 590 XSSH	7:35p
Old Town		5:50a		
SAN DIEGO	Ar	6:15a		

Connections may also be made between Long Beach or San Pedro and points north of Los Angeles. Consult Tables 1a and 1b for train and bus schedules between Los Angeles and Santa Barbara or San Luis Obispo and intermediate stops.

Trains which operate daily are indicated by no shading, black outline.

Trains which operate weekdays only are indicated by blue shading and blue outline.

Trains which operate on Weekends and Holidays only (including Fridays) are shown with gray shading and red outline.

Bus connections are color-keyed to the bus route (see map on page 5).

Amtrak Information and Reservations
(800) USA-RAIL TTY (800) 523-6590
www.amtrak.com

Trains that operate Daily have a black heading.

Trains that operate weekdays only have a blue heading.

Trains that operate weekends only (including Fridays) have a red heading.

XSSH - Operates Daily, except Saturdays, Sundays, and Holidays.

XFSSH - Operates Daily, except Fridays, Saturdays, Sundays, and Holidays.

SSH - Operates Saturdays, Sundays, and Holidays only.

FSSH - Operates Fridays, Saturdays, Sundays, and Holidays only.

Holidays: Nov. 25 & Dec. 25, 2004, Jan. 1, 2005.

a.m. times are shown in light face type.

p.m. times are shown in bold face type.

Major stops and stations are shown in red for easy reference.

Staffed Amtrak Stations are shown in UPPER CASE.



Under the Rail 2 Rail program, Amtrak, Metrolink and Coaster accept certain tickets issued from each of their respective rail services. Here are the details:

* Metrolink Monthly Pass Holders for the Orange County or Ventura County lines may ride any Amtrak train or bus within the limits of their pass, for no additional charge.

* Coaster Monthly Pass Holders may ride any Amtrak train or bus within the limits of their pass, for no additional charge.

* Metrolink or Coaster single ride or round trip tickets are not valid on Amtrak.

* Amtrak Pacific Surfliner ticket holders may ride any Metrolink or Coaster train within the limits of their ticket at no additional charge.

* Amtrak trains 799 and 768 have replaced Metrolink trains 103 and 108 between Chatsworth and Los Angeles. On these two Amtrak trains, all Metrolink tickets are honored. These trains also stop at Northridge and Burbank Downtown on weekdays for Metrolink passengers.

* Amtrak has also added weekday stops for Metrolink Orange County Line riders. Northbound train 573 stops at Laguna Niguel/Mission Viego and Norwalk, while southbound train 578 stops at Orange and train 590 stops at Norwalk and Laguna Niguel/Mission Viejo. These stops are shown in Metrolink's timetables.

WEEKEND SERVICE

Rail 2 Rail allows Metrolink and Coaster Monthly Pass Holders to use their Monthly Pass to ride Amtrak Pacific Surfliner trains--within the origin and destination of their pass--on weekends.

This program does NOT include Amtrak's *Coast Starlight* train.

BURBANK AIRPORT SERVICE

Between Burbank Bob Hope Airport and Los Angeles Union Station (and intermediate points) ANY Metrolink or Amtrak ticket may be used on ANY train. Just buy a ticket and whatever train shows up first is your ride!

Amtrak Information:
www.amtrak.com
(800) USA-RAIL

Metrolink Information:
www.metrolinktrains.com
(800) 371-LINK

Coaster Information:
www.sdcommute.com
(800) COASTER



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simply enter your reservation number and credit card...and receive your ticket promptly.

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To Learn more about Quik-Trak ticket machines, visit www.amtrak.com or ask an Amtrak ticket agent.